

# ROCKWAY CHIROPRACTIC CLINIC

625 King Street East - Unit 1B, Kitchener, Ontario N2G 4V4 Tel: (519) 744-4745 Fax: (519) 744-7120

To help us serve you better, please take the next few minutes to answer the following questions in order to ensure that our records of your health history are accurate and complete. **PLEASE PRINT**

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Telephone (Home): \_\_\_\_\_ (Cell): \_\_\_\_\_ (Work): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Marital Status (circle): S M C.L. D W No. of Children: \_\_\_\_\_ Occupation: \_\_\_\_\_

Medical Doctor: \_\_\_\_\_ City: \_\_\_\_\_ Last Appointment: \_\_\_\_\_

Previous Chiropractor: \_\_\_\_\_ City: \_\_\_\_\_ Last Appt.: \_\_\_\_\_

How did you find out about our clinic? \_\_\_\_\_

Do you have Extended Health Benefits?  Yes  No *If Yes, with what company?* \_\_\_\_\_

## ***What is the purpose of your appointment today?***

No Specific Problem - I'm wanting a Spinal Screening & Wellness Care → ***please skip ahead to page 3***

Is your visit today due to a ***Workplace Injury (WSIB Claim) or Motor Vehicle Accident (MVA)?***

WSIB  MVA Accident Date? \_\_\_\_\_

*(Please request our WSIB or MVA form if you're claiming for injuries)*

What is your main complaint? \_\_\_\_\_

How long have you had this problem? \_\_\_\_\_

What do you feel caused this problem? \_\_\_\_\_

Has this problem ever occurred before?  Yes  No *If Yes, when?* \_\_\_\_\_

Have you consulted with any other health care practitioner for this problem?  Yes  No

*If Yes, with whom did you consult?* \_\_\_\_\_

What was their assessment of your condition? \_\_\_\_\_

What type of treatment did you receive? \_\_\_\_\_

Did it help?  Yes  No Were any x-rays taken or other imaging studies performed?  Yes  No

***The following questions are related to your main complaint.***

When do you experience this problem?  All the time  Comes & Goes frequently  Infrequent

How often? (i.e. 1x/day, 1x/month etc.) \_\_\_\_\_ How long does it last? (i.e. minutes/hours/days) \_\_\_\_\_

In general, your problem is...  Getting better  Getting worse  Not changing

On a scale of 0-10, how would you rate your pain? ( 0 = no pain, 10 = worst pain ever) \_\_\_\_\_

Describe what you feel: (i.e. sharp pain, dull ache, burning, pins & needles etc.) \_\_\_\_\_

Do you experience any numbness, weakness or headaches with your complaint?  Yes  No

If Yes, please describe: \_\_\_\_\_

Do you have any radiating pain? (i.e. down your arm or leg)  Yes  No If Yes, where? \_\_\_\_\_

Is coughing, sneezing or straining painful?  Yes  No Do you have any pain at night?  Yes  No

What activities or positions aggravate your problem? \_\_\_\_\_

What makes you feel better? \_\_\_\_\_

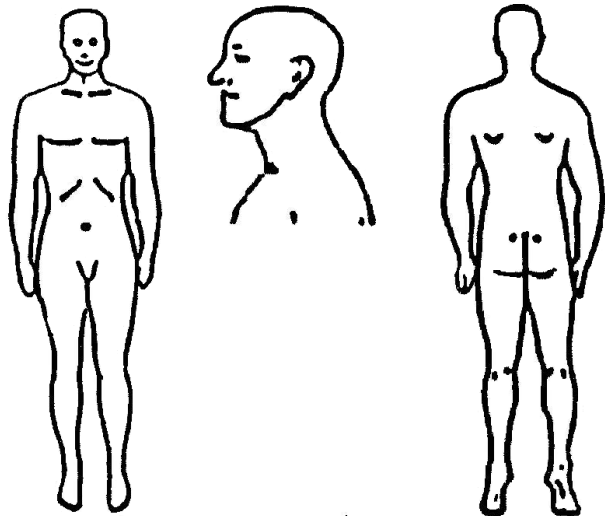
How does this problem affect your daily activities? \_\_\_\_\_

Do you have a history of any of the following?

- Osteoporosis
- Stroke
- Aneurysm
- Fibromyalgia
- Chronic Fatigue
- Sudden Unexplained Weight Loss

Please mark the areas on this body where you feel your pain or unusual sensations.  
Use the appropriate symbols and include all affected areas.

Numbness	•••••
Sharpness	XXXX
Aching	OOOO
Burning	////////
Prickling	*****



Other Comments? \_\_\_\_\_

***The following questions are related to the general state of your health.***

***Present Illness/Conditions:***

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> AIDS                | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Low Blood Pressure          | <input type="checkbox"/> Spinal Disc Disease |
| <input type="checkbox"/> Allergies           | <input type="checkbox"/> Dislocated Joints   | <input type="checkbox"/> Mental/Emotional Difficulty | <input type="checkbox"/> Thyroid Trouble     |
| <input type="checkbox"/> Anemia              | <input type="checkbox"/> Diverticulitis      | <input type="checkbox"/> Multiple Sclerosis          | <input type="checkbox"/> Tuberculosis        |
| <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Hay Fever           | <input type="checkbox"/> Pacemaker                   | <input type="checkbox"/> Ulcer               |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Heart Problems      | <input type="checkbox"/> Prostate Trouble            | <input type="checkbox"/> Polio               |
| <input type="checkbox"/> Bone Fracture       | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Rheumatic Fever             | <input type="checkbox"/> STDs                |
| <input type="checkbox"/> Cancer _____        | <input type="checkbox"/> HIV/ARC             | <input type="checkbox"/> Scoliosis                   | <input type="checkbox"/> Epilepsy            |
| <input type="checkbox"/> Cirrhosis/Hepatitis | <input type="checkbox"/> Kidney Trouble      | <input type="checkbox"/> Sinus Trouble               | <input type="checkbox"/> Sleep Disorder      |

Other: \_\_\_\_\_

Medication Use? \_\_\_\_\_

<b>Are you pregnant?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Maybe Due Date: _____
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Have you had any surgery in the last 5 years?  Yes  No *If Yes*, last surgery date? \_\_\_\_\_  
Reason for surgery? \_\_\_\_\_

Did you require medical attention or hospitalization as a child?  Yes  No  
*If Yes*, please describe: \_\_\_\_\_

Have you ever been in an auto accident?  Yes  No *If Yes*, when? \_\_\_\_\_  
*If Yes*, please describe any injuries and subsequent treatment: \_\_\_\_\_  
\_\_\_\_\_

Have you ever used any orthopedic braces or supports? (*i.e. back support, orthotics etc*)  Yes  No  
*If Yes*, please list: \_\_\_\_\_

What type of bed do you sleep on? \_\_\_\_\_ Usual sleeping position? \_\_\_\_\_

***Social History:***

Alcohol?  Yes  No Cigarettes?  Yes  No Caffeine?  Yes  No Exercise?  Yes  No  
Drinks per week? \_\_\_\_\_ Packs per day? \_\_\_\_\_ Drinks per day? \_\_\_\_\_ Light / Moderate / Heavy

***Family History of Illness:***

- |  |  |  |                                       |
|--|--|--|---------------------------------------|
| <input type="checkbox"/> AIDS                | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Mental/Emotional Difficulty | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Allergies           | <input type="checkbox"/> Dislocated Joints   | <input type="checkbox"/> Multiple Sclerosis          | <input type="checkbox"/> Ulcer        |
| <input type="checkbox"/> Anemia              | <input type="checkbox"/> Diverticulitis      | <input type="checkbox"/> Prostate Trouble            | <input type="checkbox"/> Polio        |
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| <input type="checkbox"/> Cirrhosis/Hepatitis | <input type="checkbox"/> Low Blood Pressure  | <input type="checkbox"/> Thyroid Trouble             |                                       |

Other: \_\_\_\_\_